



MENU - WEEK ONE

MONDAY

MAIN MEALS: Beef Burritos with Wedges
Roasted Vegetable and Hummus
Flatbread with Wedges

PASTA BAR:

See separate menu

VEG/SIDES: Salsa
Peas

TUESDAY

MAIN MEALS: Southern BBQ Chicken with Rice
Macaroni Cheese

PASTA BAR:

See separate menu

VEG/SIDES: Sweetcorn
Coleslaw

WEDNESDAY

MAIN MEALS: Roast Chicken with Stuffing, Mashed
Potatoes and Gravy
Veggie Slice with Mashed Potatoes and
Gravy

PASTA BAR:

See separate menu

VEG/SIDES: Carrots
Seasonal Cabbage

THURSDAY

MAIN MEALS: Korma Curry with Rice
Chick Pea Curry with Rice

PASTA BAR:

See separate menu

VEG/SIDES: Green Beans
Salad
Mint Yoghurt

FRIDAY

MAIN MEALS: Breaded Fish and Chips
Red Lentil Dahl with Chips

PASTA BAR:

See separate menu

VEG/SIDES: Peas
Baked Beans

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS,
A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

ALLERGY INFORMATION AVAILABLE ON REQUEST.



MENU - WEEK TWO

MONDAY

MAIN MEALS: Loaded Chicken Quesadilla with Rice **PASTA BAR:** See separate menu
Cheese and Potato Pie

VEG/SIDES: Peas
Coleslaw

TUESDAY

MAIN MEALS: Spaghetti Bolognese **PASTA BAR:** See separate menu
Spring Frittata with Green Salad and
Crusty Bread

VEG/SIDES: Broccoli
Sweetcorn

WEDNESDAY

MAIN MEALS: Carvery Roast with Stuffing, Mashed **PASTA BAR:** See separate menu
Potatoes and Gravy
Vegetable Moussaka

VEG/SIDES: Carrots
Cauliflower

THURSDAY

MAIN MEALS: Malaysian Beef Curry with Rice **PASTA BAR:** See separate menu
Thai Veggie Curry with Rice

VEG/SIDES: Green Beans
Rainbow Salad

FRIDAY

MAIN MEALS: Fish and Chip Pot **PASTA BAR:** See separate menu
Samosa with Curry Sauce and Chips

VEG/SIDES: Sweetcorn
Baked Beans

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A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

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MENU - WEEK THREE

MONDAY

MAIN MEALS: Sweet and Sour Pork with Noodles **PASTA BAR:** See separate menu
Quiche with New Potatoes

VEG/SIDES: Mixed Vegetables

TUESDAY

MAIN MEALS: Beef Nachos with Rice **PASTA BAR:** See separate menu
Vegetable Lasagne

VEG/SIDES: Peas
Sweetcorn

WEDNESDAY

MAIN MEALS: Roast Turkey with Roast Potatoes and **PASTA BAR:** See separate menu
Gravy
Cauliflower and Broccoli Cheese with
Roast Potatoes and Gravy

VEG/SIDES: Carrots
Broccoli

THURSDAY

MAIN MEALS: Chicken Balti with Rice **PASTA BAR:** See separate menu
Chick Pea and Potato Curry with Rice

VEG/SIDES: Green Beans
Sweetcorn

FRIDAY

MAIN MEALS: Breaded Fish and Chips **PASTA BAR:** See separate menu
Spring Roll with Sweet Chilli Sauce and
Chips

VEG/SIDES: Peas
Baked Beans

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS,
A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

ALLERGY INFORMATION AVAILABLE ON REQUEST.